

## **Dock G. Winston, MD MPH MBA**

Dr. Dock Winston is an Urologist with the Mid-Atlantic Permanente Medical Group (MAPMG). He completed his medical training at Rutgers University-New Jersey Medical School and earned a Master of Public Health degree with a concentration in community health from Harvard University. Additionally, he holds an Master of Business Administration from the Wharton School of the University of Pennsylvania.

Since 2015, Dr. Winston has practiced general urology with MAPMG with a special interest in reconstruction surgery, men's sexual health, and urological cancer survivorship. In addition to his clinical responsibilities, he serves as the Assistant Physician-In-Chief for Perioperative Services and the Regional Chief of Vascular Surgery.

Dr. Winston, a District of Columbia resident, has been an MSDC member since 2016. He has been a member of the MSDC Board of Directors since 2019. He is also a member of the American Urological Association and the World Professional Association for Transgender Health.

## **Neal D. Barnard, MD, FACC**

Dr. Barnard is an adjunct professor at the George Washington University School of Medicine and Health Sciences and President of the Physicians Committee for Responsible Medicine. Dr. Barnard received his MD degree at the George Washington University and completed his residency at the same institution.

Dr. Barnard has led numerous research studies investigating the effects of diet on diabetes, body weight, and chronic pain, including a major study of dietary interventions in type 2 diabetes, funded by the National Institutes of Health. Dr. Barnard has authored more than 120 scientific publications and 20 books for medical and lay readers. In 2016, he founded the Barnard Medical Center in Washington, D.C., as a model for making nutrition a routine part of all medical care. In 2018, he received the Medical Society of the District of Columbia's Distinguished Service Award.

Dr. Barnard has been a member of MSDC since 2003. He has served on the Finance Committee for ten years and on the Board of Directors since 2019.

## **Susanne Bathgate, MD**

Dr. Susanne Bathgate is a Maternal Fetal Medicine specialist and Associate Professor and interim Director of the Division of Maternal Fetal Medicine in the Department of Obstetrics and Gynecology at George Washington University Medical Faculty Associates. Dr. Bathgate completed her undergraduate education at the University of California, Irvine and her medical school education, residency in obstetrics and gynecology and fellowship in maternal-fetal medicine at The George Washington University. She is board-certified in Obstetrics and Gynecology and Maternal-Fetal Medicine. Dr. Bathgate has conducted research in exercise in pregnancy, prediction of preeclampsia and medical complications of pregnancy. Additionally, she has interests in preconception planning, nutrition in pregnancy, vaccinations in pregnancy, later child-bearing and collaborative pregnancy care. Dr. Bathgate practices medicine and teaches at The George Washington University School of Medicine & Health Sciences.

Dr. Bathgate has been a member of the Medical Society since 2003. She has served on the Board of Directors since 2014 and was appointed Board Chair in 2015. She served as Society President in 2022-2023.

## **Ida Bergstrom, MD**

Dr. Ida Bergstrom is an Internal Medicine specialist since 1999. She is originally from Washington, DC although her father was in the Foreign Service, so she also lived abroad in Europe and Africa for a portion of her childhood. She completed her undergraduate education at Denison University and then went to medical school at the University of North Dakota School of Medicine. She returned to DC to complete her residency in Internal Medicine at Georgetown University. She stayed at Georgetown to pursue a Primary Care Fellowship while also completing her MBA there. She is board certified in Internal Medicine and has special interests in primary care, nutrition and weight loss, and travel medicine.

She was active in the Medical Society in 2002 when she sat on the Physician Complaints Committee to hear concerns and complaints from patients about physicians in the area and now more recently sits on the Women in Medicine committee.

She currently practices internal medicine full time at Farragut Medical in downtown Washington, DC.

## **Anthony Ibe, MD**

Dr. Ibe is a board-certified Family Medicine physician and is also certified in Obstetrics/Gynecology. He is a Fellow of the Royal College of Obstetricians and Gynecologists. Dr. Ibe practices a full range of general medicine, long-term care/geriatric medicine, men's health, travel medicine and office-based gynecology. He is also Assistant Clinical Professor of Medicine at Howard University and Georgetown. In his affiliation with Health Alliance Services Group, he has been a senior outstanding Attending Physician at Deanwood and Unique for over 15 years.

He has helped in building a primary school for children in Africa including other charitable activities, was chosen to participate in US-Africa Summit and met the President. Dr. Ibe is Immediate Past President of Med-Chi of DC and a current Board member of the Medical Society of DC. Furthermore, he is the Immediate Past National Chair of Family Medicine of the National Medical Association. He promotes young students' interest in Science and Medicine. Has received numerous awards including: MSDC Meritorious Service Award (2018) and NMA Region II Practitioner of the Year Award (2019). Dr. Ibe enjoys listening to music, sports and travelling.

## **Michael G. Knight, MD, MSHP, FACP**

Dr. Michael G. Knight is a board-certified Internal Medicine and Obesity Medicine specialist and Clinical Associate Professor in the Department of Medicine at the George Washington University School of Medicine and Health Sciences. He is the Head of Services at IMPaCT Care, a company that supports healthcare organizations by delivering the most widely used, evidence-based community health worker model in the United States that improves health outcomes by addressing the social determinants of health in underserved communities.

Dr. Knight completed his undergraduate studies at Oakwood University and attended the Cleveland Clinic Lerner College of Medicine of Case Western Reserve University. He completed residency at NewYork Presbyterian–Weill Cornell Medical Center, and was a Robert Wood Johnson Foundation Clinical Scholar at the University of Pennsylvania, where he completed a Masters in Health Policy Research. Throughout his career, Dr. Knight has been a champion for health equity, and is the founder and president of the Renewing Health Foundation, a non-profit organization working to empower urban minority communities through health education. He also serves in leadership roles in organizations such as the National Medical Association and the American Medical Association. He has been a featured medical expert on radio, television, and in print news media, and routinely speaks at events internationally and throughout the United States.

Dr. Knight has been a member of the Medical Society since relocating to Washington, DC in 2017.

## **Kirstiaan Nevin, MD, FACOG**

Dr. Kirstiaan Nevin is Assistant Professor at Georgetown University School of Medicine and the Interim Director for the General Division of Gynecology and Obstetrics at Medstar Georgetown University Hospital. She is also the Director of the Division of Hereditary Cancer and Screening at Georgetown. She is responsible for direct patient care, departmental functional and academic responsibilities and the education and training of medical students and resident physicians. Dr. Nevin is board-certified with the American Board of Obstetrics and Gynecology and is an active member of the American College of Obstetrics and Gynecology and the Society for Academic Specialists in General Obstetrics and Gynecology.

She is a native Washingtonian, who received her undergraduate degree from Johns Hopkins University, her medical degree from George Washington University School of Medicine and completed her residency in obstetrics and gynecology at the University of Virginia. She served four years as an active-duty physician in the US Navy, stationed at Portsmouth Naval Hospital, and then twenty years in private practice before joining Georgetown in 2020. She lives in Foggy Bottom with her husband of more than thirty years and her two dogs.

Dr Nevin has served on the Medical Society Board of Directors since 2019 and served as President of the Society in 2021-2022.

## **J. Desiree Pineda, MD, FACP**

Dr. Pineda has a private practice in Endocrinology and Internal Medicine in Washington, D.C. A member of the Medical Society since 2009, Dr. Pineda has served the Medical Society in many roles. She is the current Chair of the Board and is a Past President of MSDC. She served previously as AMA Delegate and Alternate Delegate. During her presidency she founded and continues to chair MSDC's Physician Wellbeing Committee which launched the Healthy Physician Program to provide comprehensive wellbeing support to physicians.

She completed a three-year Endocrinology fellowship at the National Institute of Diabetes, Digestive and Kidney Diseases at the National Institutes of Health, during that period she served as a Lieutenant Commander for the Public Health Service Commissioned Corps. She obtained her Internal Medicine degree from the University of Connecticut Health Center. She has served on the boards of several organizations and is the Past President of the Pan American Medical Society. During her tenure, she participated in the organization of surgical missions to other countries.