How to Use the Healthy Physician App

iPhone Edition
Downloading the App

Option 1 – Scan the QR Code

Option 2 – Search the App Store for “Healthy Physician Program”
Main Menu – Permanent Features

- Wellness articles from MSDC website
- Events calendar
- Main Menu – options shown below
- Rotating advertisements
Navigating the Main Menu – Year-Round Choices

Log-in to your MSDC account to access all the benefits of the app.

- Receive notifications and daily inspiration
- Access wellness videos
- Link to Physician Health Program and resources
- Make appointment with a wellness professional
- Donate to Foundation
- Message other users
Articles

- Synced with MSDC website articles and pulls up MSDC mobile website
- Updated when website is updated
- Articles focus on wellbeing, announcements, and resources
Events

- Like articles, tied to MSDC site

- Events manually entered in app by staff BUT synced with member database to allow registrants access and expanded options
Event Menu and Options for Attendees
App Tips and Tricks

• The Menu icon is the easiest way to navigate content. When in doubt, click the Menu circle.

• The Events/Articles/Menu bar switches between the top and bottom of the app.

• Logging in to the app using your MSDC credentials opens ALL content. Eventually non-members and guests will only see some content.

• You can contact other users – and block other users – through events. Think of it as a safe chat feature to connect with colleague.

• Works for virtual and in-person events.